Define the following terms:

Resilient

Parasuicide

Eustress

Distress

Self-Esteem

Addiction

Codependence

Mental disorder

Organic disorder

Functional disorder

Anger

Anger Trigger

Anger Cue

List 5 responses to a life crisis

List 5 Indicators (behaviors they may display) that someone might be considering suicide

List 5 risks associated with suicide (who is at risk)

List 4 sources of stress

Describe how body reacts to stress General Adaptation Syndrome

List 5 signs of Addiction and how it affects a person’s life:

Define each defense mechanism

External locus of control:

Internal locus of control:

Briefly describe each defense mechanism

* Compensation
* Daydreaming
* Denial
* Displacement
* Projection
* Rationalization
* Reaction Formation
* Regression
* Sublimation
* Somatization