

DISCOVERING YOUR PERSONALITY STRENGTHS

The Two Sides of LOVE

Gary Smalley & John Trent, Ph.D.

Hardside - doing what's best for another regardless of the cost. Includes the ability to:

- * be consistent
- * discipline
- * protect
- * challenge
- * correct

Softside - demonstrating tenderness and unconditional love. Includes:

- * compassion & sensitivity
- * patience & understanding
- * listening
- * hugs
- * admitting when your wrong

The Goal - a balanced life. Strive to be soft with people and hard with their problems.

A Hardside/Softside Evaluation						
1. Take the lead						Follow
1	2	3	4	5	6	7
2. Forceful						Nondemanding
1	2	3	4	5	6	7
3. Energetic						Reserved
1	2	3	4	5	6	7
4. Strive to accomplish personal goals						Let others set your goals
1	2	3	4	5	6	7
5. Be self-controlled						Lack discipline
1	2	3	4	5	6	7
6. Make quick decisions						Hesitate in making decisions
1	2	3	4	5	6	7
7. Want to hear facts						Want to share feelings
1	2	3	4	5	6	7